



Protease Plus

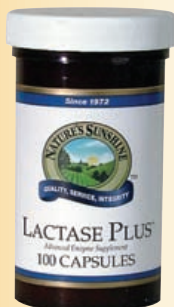
As aging bodies also produce fewer enzymes. Enzymes that break down proteins (proteases) are especially critical to good health. Taken with meals Protease Plus helps ensure that the body receives full nutritional value from food intake. Supplemental protease taken between meals helps break down proteins and supports joint health and the immune system. Each capsule contains 60,000 HUT protease in a base of beet root fiber and full-spectrum, plant-sourced trace mineral concentrate to activate enzymes and offer maximum intestinal support. This unique protease blend targets protein digestion in a pH range of 3.0–6.0.

Stock No. 1841-7 (90)

High-Potency Protease

High-Potency Protease delivers 180,000 HUT's with a full spectrum of trace minerals. Enjoy the same benefits of three Protease Plus capsules in one capsule of High-Potency Protease.

Stock No. 1876-1 (60)



Lactase Plus

Many people lack the necessary enzymes to digest dairy products. Lactase Plus contains lactase, protease and lipase, the enzymes used to break down sugar, protein and fat found in milk and other dairy products.

Stock No. 1655-2 (100)

Hi Lipase

Hi Lipase contains plant-sourced lipase for enhanced digestion of high-fat foods and supplements. Now with 120 LU, this exclusive formula also contains an herbal base of caraway seed, dandelion root, fennel seed, gentian root and ginger rhizome to soothe the stomach and stabilize enzymes.

Stock No. 1528-4 (100)



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.

Contact your local NSP Herb Specialist:

Stock No. 1970-1

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ENZYMES:

The Keys to Life



Nature's Sunshine offers a complete line of enzyme products for:

Vegetarians



High-fat diets



High-protein diets



High-carbohydrate diets



Joint health



Immunity



Lactose Intolerance





Unlock your Body's Potential

Enzymes are some of the most remarkable organic compounds known to man. They initiate vital chemical reactions in the body. Each enzyme works like a key to unlock its unique body function. Together these many functions give us life. Digestive enzymes are especially important because they help break down food into components the body can use to get needed energy and structural building blocks (i.e. amino acids, essential fatty acids and glucose).

Unfortunately, enzymes are not hardy. The cooking process inactivates natural enzymes needed to fully digest food. Improper diet, stress and aging can also negatively affect our enzyme levels. Inadequate enzyme levels and consequent lack of complete nutrient absorption by the body may influence immune function, energy, natural restorative powers, skin, joints and overall mood.

Enzymes:

- Aid in the breakdown of most types of food.
- Improve digestion.
- Activate needed vitamins that would otherwise be wasted.
- Liberate minerals your body needs.
- Support the immune system.
- Protect the joints.
- Reduce symptoms of occasional indigestion caused by fermentation of undigested foods.



Fat Digestion

Fat
↓ Bile emulsification
Lipid Droplets
↓ Lipase
Fatty Acid + Glycerol

Protein Digestion

Protein
↓ Proteases
Peptides
↓ Peptidase
Amino Acids

Carbohydrate Digestion

Polysaccharides/Starch
↓ Amylase/cellulase
Disaccharides
Malt diastase, alpha-galactosidase,
lactase, invertase, glucoamylase
↓
Glucose/Monosaccharides

Foods are composed of various types of carbohydrates, fats and proteins. Each food group requires a series of enzymes and other gastric secretions to be broken down into molecules that can be assimilated and used by our cells. A lack of any one of these enzymes can contribute to poor digestion.

NSP Enzyme Products

NSP offers a full range of enzyme products to provide you with the keys to support your digestive, immune and structural systems and maintain optimal health.

Proactazyme Plus

Proactazyme Plus is an unique enzyme supplement that helps your body digest all types of food. It contains plant-sourced enzymes, including amylase, glucoamylase, lipase, cellulase, hemicellulase, invertase, malt diastase, alpha galactosidase, peptidase and protease. These enzymes are in a digestion-enhancing herbal base of caraway, dandelion, fennel, gentian and ginger. Proactazyme Plus is an excellent choice for vegetarians or those with a high-starch or -sugar diet.

Stock No. 1525-0 (100)



Food Enzymes

NSP Food Enzymes provides an excellent variety of those enzymes most commonly used to help digest the typical American diet. This blend of enzymes includes bromelain, lipase, amylase, pancreatin, papain and pepsin. A small amount of betaine hydrochloride and bile salt are included to assist protein and fat digestion respectively and make Food Enzymes especially beneficial for meat eaters. When taken between meals, Food Enzymes acts systemically to boost the body's immune system.

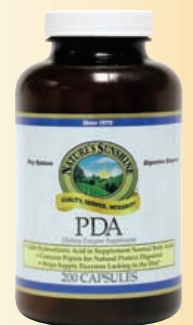
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PDA (Protein Digestive Aid)

As the body ages, it produces less and less hydrochloric acid (HCl). HCl levels also drop when the dietary components needed to produce it are in short supply. Reduced levels of stomach acid may result in inefficient protein digestion. Inefficiently digested proteins may contribute to fatigue and may affect the immune system. Without sufficient protein derived from the diet, the body's capacity to build muscle and other tissue efficiently also may be affected. Each capsule of PDA contains 325 mg betaine hydrochloride to supplement normal digestive secretions. In addition, it supplies 65 mg pepsin, a natural protein-digesting enzyme.

Stock No. 1837-5 (200)



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